

It's a bird!



**No, it's
a plane!**

**No, it's
the 2023
LAYC/MMYC
Heroes!**

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LAYC/MMYC BREAKFAST FOR HEROES

**EVENT
PROGRAM**

FEBRUARY 16, 2023



RUN OF SHOW

8:30 AM

Registration, Networking,
and Breakfast

9:30 AM

Welcoming Remarks

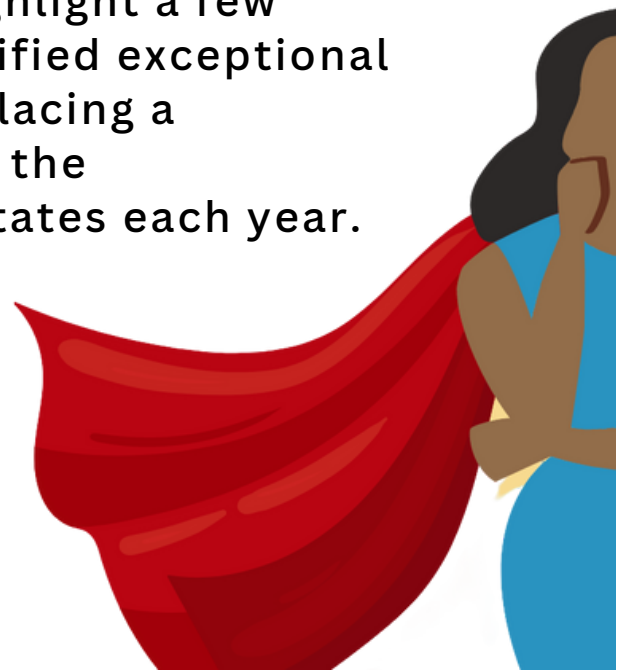
Honoree Awards Ceremony
Shepherd's Table
Carol Trawick

President / CEO Remarks

Closing Remarks

About Breakfast for Heroes

The Annual LAYC Breakfast for Heroes serves as an opportunity to foster connection among our greatest resource: our people. Each year we highlight a few standout supporters who have exemplified exceptional commitment to our youth, as well as placing a spotlight on the overall impact had by the programs at the hosting site, which rotates each year.



HONOREES



Shepherd's Table
TOGETHER MEETING NEEDS. CHANGING LIVES

Shepherd's Table is an inspiring organization that seeks to "address food insecurity and homelessness through an array of programs designed to both meet immediate needs and provide sustained social support." In 2020 alone, Shepherd's Table served an incredible 103,122 total meals to the community!

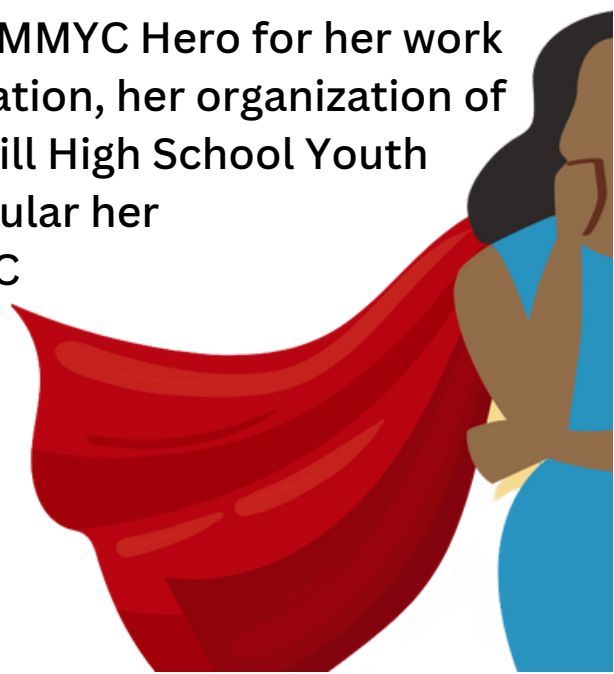
They have been a consistent presence at LAYC since July of last year. Since partnering with Shepherd's Table, they have provided approximately 1,500 meals to our youth, including Thanksgiving meals!



Carol
Trawick

Carol Trawick, cofounder of the Trawick Foundation and a former Washingtonian of the Year, is recognized in the DC and Maryland community for being a different kind of Hero. Carol gets involved and easily blends in with the volunteers she convenes at her various events.

Carol is a 2023 LAYC/MMYC Hero for her work at the Trawick Foundation, her organization of the annual Watkins Mill High School Youth Summit, and in particular her partnership with LAYC in creating the Full Circle Brotherhood.



ABOUT LAYC/MMYC

Since 1968, LAYC has grown from a small grassroots recreation center into a nationally recognized agency serving all low-income youth. Each year LAYC serves over 4,000 youth and families through youth centers, school-based sites, and public charter schools in the District of Columbia and Maryland's Prince George's and Montgomery Counties.

Our mission is to empower a diverse population of youth to achieve a successful transition to adulthood through multi-cultural, comprehensive, and innovative programs that address youths' social, academic, and career needs.

In 2006, LAYC expanded into Prince George's and Montgomery Counties, establishing the Maryland Multicultural Youth Centers (MMYC) in three sites: Langley Park, Riverdale, and Silver Spring.

Between October 1, 2021, to September 30, 2022 :

- 356 youth benefitted from services at the Montgomery County Site
- 30 youth received certifications
- 20 youth received their GED
- 63 youth attained a job

STAY CONNECTED

Click an icon to visit our profiles.



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